

## One Health: Integrating Medicine, Lifestyle and Technology

| Day         | Time        | Session   | Schedule  |
|-------------|-------------|---|---|
| Wed<br>6/3  | 12:00–18:00 | WELCOME/CHECK-IN  | Sponsor check-in/Setup  |
|             | 18:00–      |   | Attendee check-in/registration<br>Welcome Reception   |
| Thur<br>6/4 | 07:00–08:15 | BREAKFAST SESSIONS  | Sponsor session<br>Resident/student session   |
|             | 08:15–08:25 | OPENING   | Welcome from the organizing committees<br><i>Dr. Chiadi Onyike, Prof. Charles Dike, Prof. Gbenga Ogedegbe, ANPA Program Committee Co-Chairs<br/>Dr. Deji Gbotosho, ANPA Illinois/Indiana Chair, ANPA 2026 LOC Co-Chair<br/>Dr. Deji Adefuye, ANPA 2026 LOC CO-Chair</i> |
|             | 08:25–08:30 |   | Welcome from the President<br><i>Dr. Clifford Eke, ANPA President</i>   |
|             | 8:30–09:15  | THE DAN NWANKWO MEMORIAL LECTURE                            | Genetics, Ancestry, and Mechanisms of Dementia: Lessons from African Populations<br><i>Dr. Mahmoud Maina, University of Sussex</i>  |
|             | 09:15–09:25 | BREAK   |   |
|             | 09:25–10:05 | SESSION 1<br>Brain Health and Mental Health                 | Brain Health in Action: Building Resilience and Cognitive Reserve Across the Life Span<br><i>Dr. Omonigho Bubu, New York University</i>   |
|             | 10:05–10:45 |   | Beyond Diagnosis: Integrating Brain Science, Technology, and Therapy in Mood Disorders<br><i>Prof. Olusola Ajilore, University of Illinois Chicago</i>  |
|             | 10:45–11:25 |   | Redefining Sleep Apnea Care: Tools, Technologies, and Therapies for Today's Clinician<br><i>Prof. Virend Somers, Mayo Clinic Rochester</i>  |
|             | 11:25–12:55 | LUNCH/SPONSOR SESSION                                       | Sponsor presentations   |
|             | 12:55–13:00 | SESSION 2<br>PRESIDENTIAL SESSION<br>Technology in Medicine | President's comments<br><i>Dr. Clifford Eke, ANPA President</i>   |
|             | 13:00–13:40 |   | AI Transforming the Practice of Care<br><i>Dr. Toyosi Okuounmu, UnitedHealthcare</i>  |
|             | 13:40–14:20 |   | Patient-Centered Innovations in Chronic Kidney Disease and Dialysis Care<br><i>Prof. Macaulay Onuigbo, University of Vermont</i>  |
|             | 14:20–15:00 |   | Advances at the Intersection of Technology and Patient-Centered Colorectal Cancer Care<br><i>Dr. Ayo Abegunde, Cook County Health</i>   |
|             | 15:00–15:40 |   | SESSION 3<br>Technology in Medicine   |
|             | 15:40–16:20 |   | Technology in Medical Education and Practice: Shaping Care in Resource-Limited Contexts<br><i>Prof. Ademola Oremosu, University of Lagos</i>  |
|             | 16:20–16:30 | END OF DAY ANNOUNCEMENTS                                    | Program Committee   |

## One Health: Integrating Medicine, Lifestyle and Technology

| Day         | Time            | Session                                | Schedule   |
|-------------|-----------------|--|--|
| Fri<br>6/5  | 07:30–08:30     | BREAKFAST SESSIONS                     | Sponsor session<br>Resident/student session  |
|             | 08:30–08:45     | OPENING                                | Welcome/introduction<br><i>Dr. Chiadi Onyike, ANPA Program Co-Chair</i>  |
|             | 08:45–09:35     | THE PROFESSOR SCOTT- EMUAKPOR LECTURE  | Title: TBD<br><i>Prof. Igbo Ofofokun, Case Western Reserve University</i><br>Introduction: TBD   |
|             | 09:35–10:15     | SESSION 3<br>Child/Adolescent Health   | From Clinic to Community: mHealth and Engagement Strategies for HIV Care in Adolescents and Young Adults<br><i>Dr. Aima Ahonkhai, Harvard University</i>     |
|             | 10:15–10:30     |  | BREAK  |
|             | 10:30–11:10     |  | AI-Enabled Early Detection of Substance Use Risk Among Youth<br><i>Dr. Kammarauche Aneni, Yale University</i>  |
|             | 11:10–11:50     |  | Innovating for Impact: Neonatal Intensive Care in Resource-Limited Environments<br><i>Dr. Zainab Wushishi Mudashiru, Babies Matter Medical Centre, Lagos</i> |
|             | 12:00–13:30     | LUNCH/SPONSOR SESSION                  | Sponsor presentations  |
|             | 13:30–14:10     | SESSION 4<br>Lifestyle Medicine        | The Well Physician: A Lifestyle Medicine Perspective<br><i>Dr. Anthea Nwandu, University of Maryland at Baltimore</i>  |
|             | 14:10–14:50     |  | The Reflective Practitioner: Ethics, Accountability, and Growth<br><i>Prof. Charles Dike, Yale University</i>  |
|             | 14:50–15:30     |  | Oral-Systemic Health in Focus: Advancing Integrated Care<br><i>Dr. Judith Mamah, Designing Smiles Dental, Hackensack</i>                                     |
|             | 15:30–16:30     | POSTER SESSION                         | Poster presentations   |
|             | 16:30–17:10     | SESSION 5<br>Surgery and Global Health | Modern Urology Care in Resource-Limited Settings: What Technology Makes Possible<br><i>Dr. Obi Ekwenna, University of Toledo</i>                             |
|             | 17:10–17:50     |  | Surgical Robotics and Global Health: Promise, Limitations, and a Path Forward<br><i>Dr. Iyore James, Surgical Specialists of Charlotte</i>                   |
| 17:50–18:00 | CLOSING REMARKS | <i>Dr Clifford Eke, ANPA President</i> |  |