

## One Health: Integrating Medicine, Lifestyle and Technology

Day	Time	Session	Schedule
Wed 6/3	12:00–18:00	WELCOME/CHECK-IN	Sponsor check-in/Setup
	18:00–		Attendee check-in/registration
	07:00–08:15	BREAKFAST SESSIONS	Welcome Reception
Thur 6/4	08:15–08:30	OPENING	Sponsor session
	08:30–08:45		Resident/student session
	08:15–08:30	OPENING	<b>Welcome/introduction</b> <i>Dr. Chiadi Onyike, Prof. Gbenga Ogedegbe, Prof. Charles Dike, ANPA Program Committee Co-Chairs</i> <i>Dr. Deji Gbotosho, ANPA Illinois/Indiana Chair, ANPA 2026 LOC Co-Chair</i> <i>Dr. Deji Adefuye, ANPA 2026 LOC CO-Chair</i>
	08:30–08:45	OPENING	<b>Welcome from the President</b> <i>Dr. Clifford Eke, ANPA President</i>
	8:45–09:35	THE DAN NWANKWO MEMORIAL LECTURE	<b>Genetics, Ancestry, and Mechanisms of Dementia: Lessons from African Populations</b> <i>Dr. Mahmoud Maina, University of Sussex</i>
	09:35–09:50	BREAK	
	09:50–10:30	SESSION 1 Brain Health and Mental Health	<b>Brain Health in Action: Building Resilience and Cognitive Reserve Across the Life Span</b> <i>Dr. Omonigho Bubu, New York University</i>
	10:30–11:10	SESSION 1 Brain Health and Mental Health	<b>Beyond Diagnosis: Integrating Brain Science, Technology, and Therapy in Mood Disorders</b> <i>Prof. Olusola Ajilore, University of Illinois Chicago</i>
	11:10–11:50	SESSION 1 Brain Health and Mental Health	<b>Redefining Sleep Apnea Care: Tools, Technologies, and Therapies for Today's Clinician</b> <i>Prof. Virend Somers, Mayo Clinic Rochester</i>
	12:00–13:30	LUNCH/SPONSOR SESSION	Sponsor presentations
	13:30–14:10	SESSION 2 PRESIDENTIAL SESSION	<b>AI Transforming the Practice of Care</b> <i>Dr. Toyosi Okurounmu, UnitedHealthcare</i>
	14:10–14:50	SESSION 2 PRESIDENTIAL SESSION Technology in Medicine	<b>Patient-Centered Innovations in Chronic Kidney Disease and Dialysis Care</b> <i>Prof. Macaulay Onuigbo, University of Vermont</i>
	14:50–15:30	SESSION 2 PRESIDENTIAL SESSION Technology in Medicine	<b>Advances at the Intersection of Technology and Patient-Centered Colorectal Cancer Care</b> <i>Dr. Ayo Abegunde, Cook County Health</i>
	15:30–16:30	POSTER SESSION	Poster presentations
	16:30–17:10	SESSION 3 Technology in Medicine	<b>From Open to Minimally Invasive: Innovations in Laparoscopic Surgery</b> <i>Prof. Emeka Ray-Offor, University of Port Harcourt</i>
17:10–17:50	SESSION 3 Technology in Medicine	<b>Technology in Medical Education and Practice: Shaping Care in Resource-Limited Contexts</b> <i>Prof. Ademola Oremosu, University of Lagos</i>	
17:50–18:00	END OF DAY ANNOUNCEMENTS	Program Committee	

## One Health: Integrating Medicine, Lifestyle and Technology

Day	Time	Session	Schedule
Fri 6/5	07:30–08:30	BREAKFAST SESSIONS	Sponsor session Resident/student session
	08:30–08:45	OPENING	Welcome/introduction <i>Dr. Chiadi Onyike, ANPA Program Co-Chair</i>
	08:45–09:35	THE PROFESSOR SCOTT- EMUAKPOR LECTURE	Title: TBD <i>Prof. Igbo Ofofokun, Case Western Reserve University</i> Introduction: TBD
	09:35–10:15	SESSION 3 Child/Adolescent Health	From Clinic to Community: mHealth and Engagement Strategies for HIV Care in Adolescents and Young Adults <i>Dr. Aima Ahonkhai, Harvard University</i>
	10:15–10:30		BREAK
	10:30–11:10		AI-Enabled Early Detection of Substance Use Risk Among Youth <i>Dr. Kammarauche Aneni, Yale University</i>
	11:10–11:50		Innovating for Impact: Neonatal Intensive Care in Resource-Limited Environments <i>Dr. Zainab Wushishi Mudashiru, Babies Matter Medical Centre, Lagos</i>
	12:00–13:30	LUNCH/SPONSOR SESSION	Sponsor presentations
	13:30–14:10	SESSION 4 Lifestyle Medicine	The Well Physician: A Lifestyle Medicine Perspective <i>Dr. Anthea Nwandu, University of Maryland at Baltimore</i>
	14:10–14:50		The Reflective Practitioner: Ethics, Accountability, and Growth <i>Prof. Charles Dike, Yale University</i>
	14:50–15:30		Oral-Systemic Health in Focus: Advancing Integrated Care <i>Dr. Judith Mamah, Designing Smiles Dental, Hackensack</i>
	15:30–16:30	POSTER SESSION	Poster presentations
	16:30–17:10	SESSION 5 Surgery and Global Health	Modern Urology Care in Resource-Limited Settings: What Technology Makes Possible <i>Dr. Obi Ekwenna, University of Toledo</i>
	17:10–17:50		Surgical Robotics and Global Health: Promise, Limitations, and a Path Forward <i>Dr. Iyore James, Surgical Specialists of Charlotte</i>
17:50–18:00	CLOSING REMARKS	<i>Dr Clifford Eke, ANPA President</i>	